

INTERNATIONAL JOURNAL OF BODY COMPOSITION RESEARCH (IJBCR) AUTHORS' GUIDELINES

Scope of the journal/editorial policy

IJBCR is a peer-reviewed journal offering early publication of original research reports, short communications, review articles (please contact the editor prior to submission to determine suitability), and letters to the editor (<500 words). IJBCR aims to promote knowledge and development and to stimulate knowledge-based discussion. Contributions are welcome on all relevant aspects of physics and methodology, biology, medicine and public health, and appropriate studies in animals and animal sciences. For further information contact the editors (below).

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Ethics and informed consent

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IJBCR follows the guidelines established by the International Committee of Medical Journal Editors with respect to authorship and contributors (<http://www.icmje.org/#author>).

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Papers should be sent electronically to the editor (tnagy@uab.edu), preferably in MS Word format. All tables and figures (see below) should follow the text as part of the same document as the text proper.

Main text features and style

The presentation of the paper should follow that of scientific journals eg as to the normal section headings and type layout (A4 etc) and the Vancouver style. IJBCR will observe both US and UK spelling and authors should be consistent with either Merriam-Webster's Collegiate Dictionary or editions of the Oxford Dictionary (please note the verb ending -ize is preferred, and both unnecessary capital letters and stops are avoided, thus government not Government, eg not e.g.). Use SI units where possible. Do not hesitate to explain units that may not be familiar to all readers (especially if non-SI). Spell out abbreviations only at first use in text.

Take care to use and explain all use of trade names or products. Quantities when not used with standard units such as g, mm should be spelled out in text from one to ten and thereafter take the form 11, 117, 1117 and 11 117 (note spacing and absence of stops). Use italic and bold type only in exceptional cases and eg not for foreign words.

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Give title of paper (fully informative but concise); first name, middle initial, and last name, without degrees of all authors: institutional affiliations of all authors; and contact information for the corresponding author.

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The abstract should be concise (<250 words) and self-contained (no reference to the text or citations). Each abstract will have the following sections: Objective; Research Methods and Procedures; Results; Discussion. List up to 5 key words not found in the title.

References

Cite in numerical order in text inside square brackets, eg [1, 17-24, 77] within the text not outside the relevant sentence. List references by number at end of text (more than three authors may be cited as Jones, Howe, Lee et al.). Unpublished and personal references appear only in text. Do not use italics or bold type and follow the punctuation style below eg in author listing.

For journals use:

- 1 Wagner DR, Heyward DH. Measures of body composition: a comparative review. *Am J Clin Nutr* 2000; 71: 1392-1402.

For books:

- 2 Forbes GB. *Human body composition*. New York: Springer Verlag, 1987. [Note: do not use capital letters except for first word and proper nouns].

Book chapter:

- 3 Willet WC. Use of biomarkers in nutrition. In Kok FJ, Veer PV, eds. *Biomarkers of dietary exposure*. London: Smith-Gordon, 1991: 9-14.

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Tables should be set out on separate pages, with their title above, and numbered in sequence in which they appear (Table 1, 2 etc). Do not duplicate text. Place supporting information in title. Define units in footnotes using a,b,c, Use * ** for probability.

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